

January 2018

		<p>Tuesday 1 Ham Grilled Chicken Mashed Potato Black Eye Pea Cabbage Corn Bread</p>	<p>Wednesday 2 Fajitas Spanish Rice Pinto Beans Broccoli</p>	<p>Thursday 3 Pot Roast Hamburger Mashed Potato French Fries Green Beans</p>	<p>Friday 4 Fried Fish Spaghetti & meatballs Onion Rings Carrots</p>	<p>Saturday 5 Meat Loaf Mashed Potato Peas and Carrots</p>
<p>Sunday 6 Beef Stew Rice Mixed Vegetable</p>	<p>Monday 7 BBQ Brisket Fried Pork Chop Potato Salad Wild Rice Prince Williams</p>	<p>Tuesday 8  Shrimp Scampi Beef and Tortelloni Cous Cous Parmesan Vegetables</p>	<p>Wednesday 9 Soft Taco Spanish Rice Pinto Beans Mixed Veggies</p>	<p>Thursday 10 Stuffed Chicken Sausage Wraps Buttered Rice Green Beans</p>	<p>Friday 11 Blackened Fish Beef Tips Rice Broccoli</p>	<p>Saturday 12 Pot Roast Mashed Potato Mixed Vegetable</p>
<p>Sunday 13 Lasagna Squash Garlic Knots</p>	<p>Monday 14 Chicken Cordon Bleu Chili and Cornbread Roasted potatoes Spinach</p>	<p>Tuesday 15  Grilled Herb Salmon Chicken Piccata Fettuccine Tuscan Roasted Carrots</p>	<p>Wednesday 16 Enchilada Spanish Rice Pinto Beans Mixed Veggies Baked Chicken</p>	<p>Thursday 17 Meatloaf Mashed Potato Squash Garlic Bread</p>	<p>Friday 18 Fish Philly Sandwich Onion Rings Fried Okra Broccoli</p>	<p>Saturday 19 California Chicken Roasted potatoes Peas and Carrots</p>
<p>Sunday 20 Baked Ham Garden Blend Rice Squash Casserole</p>	<p>Monday 21 Ribs Sweet and Sour Chicken Potato Fried Rice Egg Roll</p>	<p>Tuesday 22  Grilled Chicken Parmigiana Beef Ossobuco Risotto Ziti Spinach</p>	<p>Wednesday 23 Street Taco Spanish Rice Pinto Beans Mixed Veggies Chef Salad</p>	<p>Thursday 24 Hamburger Sandwich Bar</p>	<p>Friday 25 Fish Rice Pull Pork Sandwich Fries Prince Williams</p>	<p>Saturday 26 Enchilada Spanish Rice Pinto Beans</p>
<p>Sunday 27 Meatloaf Mashed Potato Carrots</p>	<p>Monday 28 Chicken and Rice Broccoli Ribs Baked Potato</p>	<p>Tuesday 29  Fiorentina Steak Cheese Ravioli Shrimp Mac and cheese Grilled Zucchini</p>	<p>Wednesday 30 Enchilada Spanish Rice Pinto Beans Mixed Veggies Grilled Chicken</p>	<p>Thursday 31 Ranch Chicken Green Beans Fried Shrimp Mac and Cheese Sautéed Vegetables</p>		