






AUGUST 2019

				Thursday 1 Philly Sandwich Cordon Bleu Fries Scalloped Potatoes Mixed Vegetables	Friday 2  Fish Taco Grilled Cheese Sandwich Cilantro Lime Rice Broccoli	Saturday 3 Burrito/Chili Spanish Rice Beans Carrots
Sunday 4 Chicken Parmesan Noodles Side Salad	Monday 5 Baked Chicken Hamburger Scalloped Potato Onion Rings Green Beans	Tuesday 6 Shrimp Scampi Chicken Chablis Buttered Noodles Peas and Carrots	Wednesday 7  Enchiladas Spanish Rice Pinto Beans Mixed Veggies Grilled Chicken	Thursday 8 California Chicken Brisket Roasted Potatoes Spinach	Friday 9 Chicken Stir Fry Fish Rice Zucchini	Saturday 10 Enchiladas Rice Beans Carrots
Sunday 11  Turkey Sweet Potato Green Beans	Monday 12 Chicken Alfredo Ravioli Meatball Sub Fries Zucchini	Tuesday 13 Honey Chicken Chicken Fried Steak Mac and Cheese Mixed vegetable	Wednesday 14 King Ranch Chicken Burrito/Chili Spanish Rice Beans Broccoli	Thursday 15 Hot Dog Chili Corn bread Broccoli Cheese Rice Onion Chicken	Friday 16 Fish Burger Grilled Chicken Dirty Rice Fried Okra Squash Fries	Saturday 17 Meatloaf Mashed Potato Peas and Carrots
Sunday 18 Chicken Fried Chicken Mashed Potato Spinach	Monday 19 Spicy Chicken Ribs Baked Potato Casserole Rice Zucchini and Squash	Tuesday 20 Pecan Chicken Beef Stew Mac and Cheese Rice Cabbage	Wednesday 21 Enchiladas Spanish Rice Pinto Beans Mixed Veggies Chicken Enchiladas	Thursday 22  Meatloaf Ranch Chicken Mac and Cheese Mashed Potato Carrots	Friday 23 Blackened Fish Cuban Sandwich Fries Garden Rice Prince Williams	Saturday 24 Pot Roast Mashed Potato Peas and Carrots
Sunday 25 Spaghetti Meat Sauce Green Beans	Monday 26 Smothered Pork Chop BBQ Chicken Potato Baked Beans Broccoli	Tuesday 27  National Burger Day	Wednesday 28 Quesadillas Spanish Rice Pinto Beans Mixed Veggies Calabasa con Pollo	Thursday 29 Stuffed Chicken BBQ Ribs Roasted potatoes Peas and Carrots	Friday 30 Fish Rice Meatball Sub Fries Prince Williams	Saturday 31 Grilled Chicken Mashed Potato Mixed Veggies