

# MONKEYPOX

## What is Monkeypox?

Monkeypox is a rare disease caused by infection with the monkeypox virus. It is related to smallpox and has a 1% fatality rate. Monkeypox can spread to anyone through

- Close personal, often skin-to-skin contact
- Direct contact with rash, scabs, or body fluids (mucus, saliva) from a person with monkeypox
- Touching fabrics and surfaces that have been used by someone with monkeypox

Monkeypox can more easily spread during intimate contact.

## Symptoms

- A rash on or near the genitals and/or hands, feet, face, or mouth
- Fever
- Chills
- Exhaustion (feeling very tired)
- Muscle aches and headache
- Respiratory (sore throat, nasal congestion, or cough)

## How Many Cases?

As of August 12th, 2022 there are **815** confirmed cases of monkeypox in Texas.

## What To Do:

Talk with your doctor about testing and vaccination.

If you have symptoms or have close contact with someone who has monkeypox, discuss testing options with your healthcare provider.

There are vaccines for those at high risk. Talk with your doctor about the benefits of getting vaccinated, side effects, and situations where a vaccine should not be used.