September 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| X. /// | | | | | () 1 | 2 |
| MEDINA CAFÉ Home cooked meals for our community | | | | | Philly Cheese Steak Buffalo Wings French Fries Mixed Vegetables Baked Fish & | BLT Sandwich Chips |
| 3 | 4 | 5 | 6 | 7 | () 8 | 9 |
| Grilled Pork Chops ♂ Yellow Rice Zucchini ♂ | Grilled Hamburgers & French Fries Green Beans | Beef Lasagna Chicken Alfredo Tortellini with Marinara Sauce Italian Carrots National Cheese Pizza Day Grilled Chicken | Beef Enchiladas Chicken Enchiladas Spanish Rice Pinto Beans Broccoli Chicken Wrap Grand Re-Opening to Public | Asian Chicken Egg Rolls Vegetable Dumplings Noodles Stir Fried Vegetables Grilled Chicken | Chili Cheese Dogs New York Style Pretzels Chicken Tenders Onion Rings Steamed Broccoli Grilled Fish & | Grilled Ham and Cheese French Fries Steamed Carrots |
| 10 | 11 | 12 | 13 | 14 | () 15 | 16 |
| Beef Taco Spanish Rice Refried Beans Squash Squash | Old Fashion Beef Stew Lemon Chicken Steamed Rice Roasted Asparagus Corn Bread | Teriyaki Beef Fried Rice Vegetable Spring Rolls Stir Fry Vegetables Chicken and Broccoli | Crispy Chicken Tacos Steak Ranchero © Spanish Rice Pinto Beans Sautéed Spinach © | Sliced Beef Brisket Oven Baked Chicken Mac and Cheese Potato Salad Seasoned Green Beans Zucchini | Frito Pie Nachos French Fries Fried Mozzarella Sticks Baked Fish & | Beef Enchiladas Spanish Rice Beans |
| 17 | 18 | 19 | 20 | 21 | <i>(</i>) 22 | 2: |
| Beef Stew 🕜 Streamed Rice Sautéed Vegetables 🔗 | Grilled Pork Chops & Chicken Cordon Bleu Herbed Steamed Rice Steamed Garden Vegetables | Beef Stroganoff Grilled Shrimp Egg Noodles Steamed Carrots | Beef Enchiladas Chicken and Squash Vermicelli Pinto Beans Asparagus | Hamburger Patty Melt Grilled Chicken Breast & Sautéed Peppers and Onions & Broccoli and Cauliflower & Stuffed Italian Pasta Shells | Grilled Beef Sliders Chicken Nuggets Tatar Tots Seasoned Green Beans & Grilled Chicken | Chicken Fried Chicken Mashed Potatoes Seasoned Mixed Vegetables |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sliced Roast Beef & Mashed Potatoes Mixed Vegetables & | Sweet Chili Spiced Pork Ribs California Chicken & Roasted Potatoes Brussel Sprouts & | House Made Fried Chicken Meatloaf and Gravy & Mashed Potatoes Green Beans & | Beef Fajitas Southwest Fried Chicken Egg Rolls Refried Beans Spanish Rice Sautéed Vegetables | Baked Chicken Parmesan & Spaghetti and Meat Sauce Garlic Knots Fried Zucchini Grilled Squash & | Grilled Hamburgers ♂ Bar B Que Wings Onion Rings Steamed Broccoli | Beef Burritos Spanish Rice Green Beans & |